

EMPLOYEE ASSISTANCE PROGRAM

SOURCE: OHIO EPA ADMINISTRATION AND OCSEA/AFSCME BARGAINING AGREEMENT ARTICLE 9

CONTACT: OFFICE OF EMPLOYEE SERVICES

Employee Assistance Program Policy:

1. The Ohio Employee Assistance Program is a support and referral service for State of Ohio employees and their families. On a completely confidential basis, this program provides information and assistance for problems that may affect employees happiness or well-being, such as depression, stress, substance abuse, financial or legal issues.

2. For additional information contact

Ohio Employee Assistance Program
246 North High Street, 4th floor
Columbus, OH

Phone: 1-800-221-6327, 614-644-8545

FAX: 614-466-8745

<http://www.odh.ohio.gov/eap/eap.aspx>

3. If enrolled in a State health plan, United Behavioral Health (UBH) provides your mental health and substance abuse benefits. To receive benefits, you must have all services pre-certified by UBH, and you must use network providers. No benefits are paid for services received out of network.

UBH gives you access to licensed, experienced clinical mental health and substance abuse counselors 24 hours a day, 365 days a year. These counselors will direct you to an appropriate provider or emergency service. You might consider contacting UBH at 1-800-852-1091 when you or a family member is facing:

- Alcohol or drug addiction
- Depression or anxiety
- Stress
- Family Conflict
- Illness
- Loss of a loved one
- Other personal issues you would like to discuss with someone

UBH provides group wellness programs for weight loss, smoking cessation and stress reduction. You may also contact UBH services by contacting Ohio Employees Assistance Program (Ohio EAP) at the contact information listed above.